droppings; and a dried snake's head, hidden in a church for forty days and then retrieved, is sovereign against many baleful manifestations. To the Nereids, a danger for all lonely shepherds near pools and streams, young Sarakatsáns are particularly exposed. They are often struck dumb and robbed of their wits by chancing on the Nereid revels and dances, just as mortals were sometimes turned into trees if they had the bad luck to blunder on the dances of the nymphs. There have been many mixed nomad-Nereid marriages, and many a healthy Sarakatsán baby has been stolen from its hanging cradle and replaced by the sickly changeling of one of these water maidens.

Demons of every kind and gender dog the nomads' footsteps up hill and down dale and "chase them into woods." They are the special target of some female supernatural beings called the *Kalotyches* ("the good fortunes") — like the name *Eumenides* ("the kindly ones") for the Furies, a wry, placating misnomer — who are half women, half she-asses, and snake-locked, like Medusa. They plague the flocks and bring bad luck at lambing time and childbed, and they are especially to be feared during the forty days following the birth of a nomad baby.

By far the darkest villain in Sarakatsán demonology is a male spirit known as the *Daouti*. *Daoutis*, sometimes called Pans, are the wildest, strongest, and wickedest of them all. Shaped like satyrs, with half-goat, half-human bodies and long legs with cleft hooves, they have the heads of rams with large twirling horns. Along with certain other demons, *Daoutis* are most dangerous to flocks at three seasons of the year: during Advent, just before lambing; in late April or early May, as the shepherds prepare to leave their winter quarters for the mountains; and from the feast of the Transfiguration until the end of August. They are prone, during these bad periods, to swoop, shrieking like birds of prey, on the cowering flocks, and after two or three of these onslaughts, the beasts begin to perish, sometimes a dozen at a time; they swell up and die. Sliced tortoise meat is used as a counterspell, and the shepherds shift camp at once. If they can find a priest, he sprinkles the new site with holy water, and the sheep's bells are taken off and blessed. Unlike most wicked spirits, *Daoutis* do not flinch from attacking in broad daylight, and possessing the knack of making friends with the dogs, they pad along after the flocks unmolested. Therefore, when an emergency fold is built, the dogs are left behind and fires are lit to make a magic circle of smoke. *Daoutis* also pick up the Christian names of mortals; so the shepherds, if they hear anyone calling them, hold their tongues — answering might rob them of the power of speech for good. These terrible spirits

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776 [189] men comes from the Church. We shall speak of it in connection with religion.

As in the case of the demons, one also distinguishes several categories of fairies. There are fairies dressed in white and others dressed in black. The former also wear multicolored clothing "like the gypsies," the Sarakatsani say. All are dangerous. The first can metamorphose man into anything and even carry him off if they are able to steal from him an object that belongs to him. On the other hand, if the man happens to appropriate one of their personal objects he becomes their master. People even tell of a man "who, having stolen a fairy's [588] kerchief subdued her and finally married her." The second /type of [191] fairies/ have the habit of calling to a passerby and anyone who is rash [153] enough to answer becomes voiceless. They can also strike him with in- [734] curable illnesses, make him insane, disabled or infirm for life. The first type frequent springs and streams. One can hear from afar, especially after twilight, their voices and their laughter. For they love lively conversation and jokes and they give themselves up to it while spinning. Very often their presence is announced by the sound of violins. It sometimes happens that a Sarakatsani, passing these places the next day finds on the ground the weight from a spindle left there by the supernatural spinners. (57)

57. The Sarakatsani of "Plaka" (Pélasghia) showed us a "fairy weight" on which we shall comment farther on.

The black fairies haunt gorges and wooded ravines and the depths of the [789] mountains. Avoidance of these places, of sleeping near springs, and above [263] all carrying incense and salt always on oneself are the common methods of protection of the Sarakatsani. They explain that salt, a heavy substance, makes a man heavy and thus the fairies cannot take him away.

776 777 The moires, fairies of fate who are three in number, come down close to the newborn child three nights after its birth and determine its destiny